

# The Painted Turtle

a serious fun camp founded by paul newman



## Sewing Face Masks

### Disclaimer:

These masks are not meant to be hospital grade, they are meant to help the hospital grade masks last longer. Or it can be given to patients or family members to wear while in the hospital to save the medical grade masks for the health care professionals.

### Materials:

-Sewing machine

-Fabric – remnants will do! **100% Cotton!**

Doesn't have to be very large at all. It's recommended that the fabric is tightly woven, all-cotton material such as Muslin is used.

-Elastic, if you have or you can obtain. However, video #2 will show you how to make a non-elastic version, hospital staff will tie the mask on. Video #1 will show how to use elastic. Follow video #1 and complete steps without elastic and finish your mask following video #2 to make the fabric straps.

### Directions:

Follow the videos!

Video #1: <https://www.youtube.com/watch?v=TL9D6ZFtZHM>

Video #2: <https://vimeo.com/399324367/13cd93f150>

Hospital standards require masks with a minimum of 2 layers of fabric (you can insert a 3<sup>rd</sup> if you so choose)

**Pleats** – if you are having a hard time understanding the concept of making a pleat – check out video #2. It has a helpful demonstration of the pleats with numbers.

**Sizes:** We are accepting both adult sizes: 9 x 7 size (with 7" elastic) & child sized masks: 7 x 5 with 6" elastic.

For more advanced sewers, fitted masks provide a bit more comfort. The Painted Turtle will happily accept these masks as well: <https://sweetredpoppy.com/how-to-sew-a-fitted-fabric-mask/>

### Please ship all completed masks to:

The Painted Turtle ATTN: Sam Wazorko

1300 4th Street, Suite 300

Santa Monica, CA 90401

- OR -

The Painted Turtle ATTN: Sam Wazorko

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